# Holy Trinity School Menu Spring 2024

### Week One

8 Jan/29 Jan/26 Feb/18 Mar

#### Monday

Sausages and mashed potato 2,7 Vegetarian sausages 2, 4, 7, 13 Peas, carrots, gravy 2 Homemade flapjack 2, 7

#### Tuesday

Chicken korma 9, 10, 11 Vegetarian curry 9, 10, 11 Rice, naan bread 2 Homemade chocolate sponge with sauce 2, 4, 7

#### Wednesday

Spaghetti bolognese 2 Vegetarian bolognese 2, 4, 7, 13 Garlic bread, salad 2, 7 Apple crumble 2, 4, 7

#### Thursday

Quorn roast 4, 7 Roast potatoes, carrots, broccoli, cauliflower, gravy Fresh fruit

Roast turkey with Yorkshire pudding 2, 4, 7

#### Friday

Baked fish 2, 5 Vegetarian sausage rolls 2, 4, 13 Chunky chips, peas, sweetcorn Yoghurts 7

Gluten/dairy free options available Fresh seasonal veg, salad and bread available

### Week Two

15 Jan/5 Feb/4 Mar/25 Mar

#### Monday

Meatballs with spaghetti 2, 13 Vegetarian meatballs 2, 4, 7, 13 Crusty bread with salad 2 Homemade chocolate brownies 2, 7

#### Tuesday

Chicken and ham pie 2, 7 Vegetarian hotpot 2, 7 New potatoes, cabbage, carrots Homemade toffee drizzle sponge cake 2, 4, 7

#### Wednesday

Sweet and sour pork with noodles 2
Baked potatoes with cheese and beans 2, 7
Salad
Gingerbread men 2, 4, 7, 13

Roast chicken with Yorkshire pudding 2, 4, 7

#### Thursday

Quorn chicken 4, 7 Roast potatoes, carrots, broccoli, cauliflower, gravy Fresh fruit

#### Friday

Fish fingers 2, 5 Vegetarian dippers 2, 4 Chunky chips, baked beans, peas Yoghurts 7

Gluten/dairy free options available Fresh seasonal veg, salad and bread available

### Week Three

22 Jan/19 Feb/11 Mar

#### Monday

Vegetable and tomato pasta 2 Chicken and tomato pasta 2 Bread rolls, salad 2 Homemade shortbread 2, 7

#### Tuesday

All day breakfast 2, 4, 13 Vegetarian all day breakfast 2, 4, 7, 13 Homemade warmed cookies 2, 4, 7, 10, 13

#### Wednesday

Barbecue chicken pittas 2 Vegetarian pittas Baked wedges, corn on the cob Homemade traybake 2, 4, 7

#### Thursday

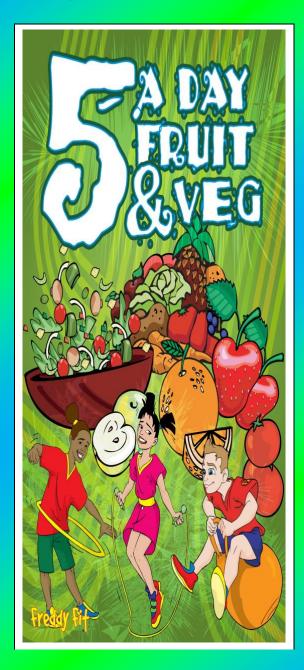
Roast pork with Yorkshire pudding 2, 4, 7 Vegetarian roast 2, 13 Roast potatoes, cabbage, carrots, gravy 2, 14 Fresh fruit

#### Friday

Fillet of fish 2, 5
Baked potatoes with cheese and beans 2, 7
Chunky chips, baked beans, peas
Yoghurts 7

Gluten/dairy free options available Fresh seasonal veg, salad and bread available

# Spring 2024



# Allergens Key

	1	Celery
	2	Cereal containing gluten
	3	Crustaceans
	4	Eggs
	5	Fish
	6	Lupin
- Sail	7	Milk
	8	Molluscs eg fish/snails/ squid/whelks/oysters
@imans Mustard	9	Mustard
	10	Nuts
	11	Peanuts
	12	Sesame seeds
Southers	13	Soya
Sulphur Dioxide	14	Sulphur dioxide

# Holy Trinity School

Menu

Spring 2024

Balanced

Good Quality

Nutrition

Compassion

Respect

Truth

Service

Forgiveness



Blessed George Napier Catholic School