COVID-19:

Risk Assessment for Physical Education

**Holy Trinity Catholic School**

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| **Approved by: Lorna Buchanan** |  | **Date:** 18.9.20 |
| **Last reviewed on:** |  | |
| **Next review due by:** |  | |

Introduction:

This risk assessment has been prepared, based on the DfE Guidance on the Full Opening of Schools in September 2020, to support the Physical Education, School Sport and Physical Activity (PESSPA) at Holy Trinity Catholic Primary School.

We, at Holy Trinity Catholic School will regularly check the Government website (GOV.UK) for updates and adjust this risk assessment accordingly in consultation with our governing body.

Below are three key questions we have considered in this risk assessment:

* Have we reviewed our risk assessments to ensure the safety and wellbeing of all personnel?
* Does our teaching and learning meet Government guidance? [www.gov.uk/coronavirus](file:///E:\Users\simon.roche\AppData\Local\Microsoft\Windows\Temporary%20Internet%20Files\Content.Outlook\1QD5X3T8\www.gov.uk\coronavirus)
* Are our teaching plans consistent with the requirement of whole school expectations, which have been developed in response to the national guidance?

Key principles for supporting safe PESSPA include:

* Keeping pupils in consistent groups
* Maximising distancing between pupils
* Prioritising outdoor PE
* Thoroughly cleaning PE equipment between each use by different individual groups
* Avoiding contact sports/activities where possible

We at Holy Trinity Catholic School ensure scrupulous attention is paid to cleaning and hygiene regimes before and after PE lessons or lunch/break time activities.

We also ensure clear notices are displayed around our school exemplifying health and safety in line with Government Guidance.

At Holy Trinity Catholic School, we will regularly check the Government website for updates and adjust this risk assessment accordingly in consultation with our employer.

In addition, due to the constantly changing situation, dynamic risk assessments will be carried out and amended to reflect our school’s specific controls on an ongoing basis.

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| **CREATING AND REATING AND MAINTAINING A SAFE CONTEXT FOR LEARNING** | **WHO**  **AFFECTED?**  **(STUDENT, STAFF, VISITOR)** | **CONTROL MEASURES TO REDUCE THE RISK TO AN ACCEPTABLE LEVEL** | **CHECKED**  **BY:**  **(SIGN AND DATE)** |
| **Teaching and Learning** | All Teaching Staff  Pupils | Pupils will be kept in consistent groups.  All activities in Physical Education (PE) lessons and Physical Activity (PA) sessions will be non-contact where possible and planned to ensure that distance is maximised between children in accordance with government guidance.  The PE curriculum will be revised and age-related expectations agreed by all staff.  Any external coach will be checked in accordance with our Health and Safety whole school policy and employed to support our extra-curricular activities.  Interventions/catch up support will be planned and delivered, if required.  Staff and pupils with protected characteristics, including race and disability, will be considered in planning and delivering Physical Education lessons and Physical Activity sessions. |  |
| **Protective Measures and Hygiene** | All Teaching Staff  Pupils | Scrupulous attention will be paid to cleaning and hygiene.  Clear signage reminding pupils to wash their hands will be displayed in all teaching areas.  Sufficient tissues and hand sanitisers will be made available to all staff in addition to bags to contain any used tissues and wipes.  Movement around the PE areas/building will be considered to limit risks. Adjustments have been put in place, which include classroom layout, school entry and exit points, staggered starts, break times, lunch arrangements and use of communal staff areas. Different year groups will keep to their allocated area of the school. A PE timetable is in use to ensure all year group bubbles remain separate during all PE lessons. |  |
| **Changing areas, clothing and footwear** | All Teaching Staff  Pupils | Children in Years 5 and 6 will attend school wearing appropriate clothing and footwear to take part in Physical Education lessons and Physical Activity sessions.  If changing areas are used, social distancing will be maintained where possible and the areas cleaned after every lesson using the school's regular cleaning products especially if pupils have been  sweating or are wet from rain. Particular attention will be given to high touch areas.  Hand washing facilities are  present in the classrooms for staff and pupils to  wash their hands before and  after the PE lesson.  Hand sanitiser will also be  made available and utilized  where needed. |  |
| **Teaching areas** | All Teaching Staff  Pupils | Outdoor Physical Education and Physical Activity will be encouraged as much as possible.  Pupils will take part in PE with their class.  The playground grids will be used as much as possible. Rubber spots for the early years and playground chalk may also be used to support the distancing of pupils.  Our external facilities will be used in line with government guidance. Year groups will remain in their allocated areas of the school to avoid any mixing of year group bubbles. One-way system in place on entry and exit from school.  Clear signage, reminding pupils about distancing and washing their hands will be displayed in all teaching areas. |  |
| **Equipment** | All Teaching Staff  Pupils | Equipment will be cleaned between groups of pupils using it and locked away when not in use.  Multiple groups are not permitted to use PE and outdoor equipment simultaneously.  The sharing of equipment during PE lessons is limited. For example, we encourage pupils to use their own tennis racquet or ball. If equipment is shared, pupils will wash their hands thoroughly before and after use. **Strict hand hygiene will take place before and after every PE lesson. Equipment will be cleaned after use.**  Whistles and drink bottles will not be shared. Any soft furnishings i.e. netball bibs and bean bags will not be used.  First-Aid kits will be kept in the classroom and office, which contain gloves, face masks and disposable aprons and eye protection.  Any child showing Covid-19 symptoms will be sent to the office and our whole school risk assessment will be followed. |  |

Holy Trinity Catholic School is firmly committed to ensuring pupils can participate in purposeful Physical Education and Physical Activity at this time. Teaching Physical Education at the moment will not be like before, or the preferred model. However, by making adaptations we believe meaningful work can be undertaken; good planning, protective measures and social distancing where possible will be applied across our school.

We are also committed to ensuring that all staff are protected, feel safe and have access to the most up to date guidance.